

September 11-December 21

Monday (14 weeks) No clinic: 10/9	Tuesday (15 weeks)	Wednesday (15 weeks)	Thursday (14 weeks) No Clinic: 11/23	Sunday Weekly Sign Up
Team C Training 4 to 5 pm		Team C Training 4 to 5 pm		Bronze Match Play 1:30 to 3pm Rating <3.0
Team B Training 5 to 6 pm		Team B Training 5 to 6 pm		Invitational Clinic + Match Play + Video Analysis 3 to 5 pm Rating >3.0
Teens Training 6 to 7:30 pm	Team A Training 6 to 8 pm	Footwork/Fitness 6-6:45 pm	Team A Training 6 to 8 pm	
Footwork/Fitness 6-6:45 pm or 6:45-7:30 pm				

How our clinics work: C Team Training covers the rudiments of the game: grip, swing, rules, movement and learning to enjoy the game. Once the basics are grasped, players move onto B Team Training and learn more details of the game: serve, return of serve, various shots, practicing rallies and an introduction to tactics. Many of these juniors are preparing to enter Bronze tournaments. The A Team clinics are achieved with much dedication to the game. The instruction and drills become more complex, developing more in-depth strategies of the game and increasing match play. These juniors are already actively playing in tournaments. All our clinics are designed to allow players to develop their games relative to the effort put in at each level. Proper court etiquette is central to our programs.

Meet the Coaches



Adham Abou Taleb

- Former World #58
- Coached 10 Nationals US Champions
- Former Coach Manager of Swiss Women Team - Bronze Medalist 2001 Championships



Mahmoud Abdelmaksoud

- Former BU19 Egyptian #2
- Coaching for 15 years; @ WSA since 2019
- Coached El Shorbagy brothers and many other top players



Ginny Wheeler

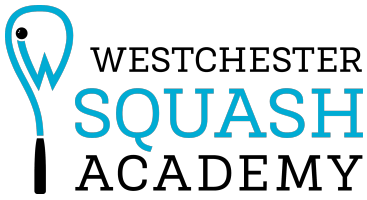
- Played #1 position on the Bowdoin College squash team and at the University of Edinburgh, Scotland for hrt junior year.



Lester Brown

- Played #2 at York University in Toronto
- 25+ Years of Coaching Experience with a Physical Education and Psychology background
- Coached Several High School Teams

- Members will have priority placement in all clinics up to a week before clinics start.
- Non members will be placed on a reserved list until a week before clinics start and then placed in clinics on a first come first serve basis.
- To ensure proper staffing and an appropriate junior to pro ratio, no make-up clinics or fitness sessions and no refunds are offered.
- To ensure your spot, all clinics must be paid prior to start date. Installment options are available.
- Members may "drop- in" for a clinic, if space is available, at a rate of \$85/hour and \$115 /1.5 hour. Non-members may do the same for an additional \$35 guest fee.
- Members may "drop- in" for a Fitness Session, if space is available, at a rate of \$50/45 minutes .Non-members may do the same for an additional \$35 guest fee.



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Registration Information

- Name: _____ Age: _____ Phone Number: _____
- E-mail: _____
- Emergency Contact: _____ Phone Number: _____

Please note we need to have the enrollment form on file.
 Clinics will be capped at a max of 12 players (first come, first served basis - members first).

Circle the below clinic (s) that you would like to register for.

The prices indicated are member rates Non-members are subject to an additional \$35 fee/clinic or match play

Monday (14 weeks) No clinic: 10/9	Tuesday (15 weeks)	Wednesday (15 weeks)	Thursday (14 weeks) No clinic: 11/23	Sunday Weekly Sign Up
Team C Training 4 to 5 pm Contact the Desk		Team C Training 4 to 5 pm Contact the Desk		Bronze Match Play - Rating <3.0 1:30 to 3pm *pack of 10 available Contact the Desk
Team B Training 5 to 6 pm Contact the Desk		Team B Training 5 to 6 pm Contact the Desk		Invitational Clinic + Match Play -Rating >3.0 3 to 5 pm *pack of 10 available Contact the Desk
Teens Training 6 to 7:30 pm Contact the Desk	Team A Training 6 to 8pm Contact the Desk	Footwork/Fitness 6-6:45 pm Contact the Desk	Team A Training 6 to 8pm Contact the Desk	
Footwork/Fitness 6-6:45 pm or 6:45-7:30 pm Contact the Desk				

Billing Information

*to be used between 9/11/23 and 6/20/24

Credit Card: Visa MasterCard American Express Discover

Name on Card: _____

Credit Card Number: _____

Expiration Date: _____ CVC _____

Zip Code Associated to the Card: _____

PLEASE CHOOSE HOW YOU WOULD LIKE TO BE BILLED:

- 1 Installment: 9/14/23
 2 Installments: 9/14/23 and 10/12/23
 3 Installments: 9/14/23, 10/12/23 and 11/9/23

I agree to abide by the rules and regulations set forth by Adham Squash, LLC (operating as Westchester Squash Academy) and its staff in consideration of my being permitted to participate in its program. I, the undersigned, hereby release and hold harmless WSA and the WSA staff from all claims, losses, damages, or expenses because of personal or bodily injury incurred in conjunction with this program. I understand there will be no refunds should I fail to attend sessions and that no make up clinics will be offered for missed sessions.

Name: _____ Date: _____